

## All India Inter-Varsity Bronze Medal Ravandeep Kaur Our Pride in Weight Lifting Session 2025-26

Our College Sri Guru Teg Bahadur Khalsa College Sri Anandpur Ravandeep kaur weight lifter won Bronze Medal in All India Inter Varsity Women & Men Weight Lifting 2025-26 She lifted 186 kg Total weight in her 69 kg category which was held at Punjab University Chandigarh from 26-1-2026 to 30-1-2026. On this great achievement of our weight Lifter Ravandeep College Principal Dr Jasvir Singh congratulated and appreciated the weight Lifters and Head of Department Physical Education Prof Ashok Kumar, Prof Jagwant Singh and Kabaddi coach Gurdev Singh and motivate for future also. In this Championship Three women Players Ravandeep Kaur ,Narinder Kaur , Manpreet Kaur and one men player Jarnail Singh of our college participated in this Event and Ravandeep Kaur ,Narinder Kaur & Jarnail Singh Qualified for Khelo India University Games.

