

## Punjabi University Inter College Power Lifting Men/ Women Championship Session 2024-25

Our College Sri Guru Teg Bahadur Khalsa College Sri Anandpur Sahib Power Lifting Women Team stood Overall Runner up in Punjabi University Patiala Inter- College Power Lifting Championship 2024-25 with 4 Gold Medals Harry Verma Gold in 57kg category, Diksha Gold in 69kg category, Simranjeet Kaur Gold in 84kg Category and Manpreet Kaur Gold in 74kg Category and Baljinder Kaur 1Silver in 250kg Category and Pardeep Kaur 1Bronze in 57Kg Category. Our College Men Power Lifting Team Stood Overall third in Punjabi University Patiala Inter- College Power Lifting Championship with Two medal won By Karanveer Singh In 59kg Category and Iqwal Singh in + 105kg Category respectively on this great achievement of College Power Lifting players College Principal Dr Jasvir Singh congratulated and appreciated the team members, Head of Department Physical Education Prof Ashok Kumar, Prof Jagwant Singh and Kabaddi coach Gurdev Singh and motivate for future for such types of efforts.





