



Department of Cultural Activities & Indian Knowledge System Cell

Sri Guru Teg Bahadur Khalsa College, Sri Anandpur Sahib
Punjab, India (Autonomous College)

Organises

Girls' Folk Dance Workshop Report: Giddha, Sammi & Luddi

(1 to 28 October, 2025)

A one-month Girls' Folk Dance Workshop was organized to celebrate Punjab's rich dance heritage and promote traditional performing arts under the Indian Knowledge System (IKS) framework. Over 40 female students actively participated, learning Giddha and Luddi.

The sessions focused on rhythm, choreography, co-ordination, and expressive performance. The participants were trained and guided by Dr. Gurpreet Kaur, Head of Punjabi Department, and Dr. Manpreet Kaur, Punjabi Department & Incharge, IKS Cell, along with support from other faculty members and a Coach.

Students practiced traditional steps, used props, and learned group coordination techniques to enhance their performances. The workshop concluded with a mock performance, where students showcased their skills in Giddha and Luddi routines. The event promoted teamwork, discipline, creativity, and pride in Punjabi culture, while strengthening students' stage presence and confidence.

The trained group is now preparing to represent the college at the Punjabi University Zonal Youth Festival in November.

The workshop was conducted under the overall guidance and support of Principal Dr. Jasvir Singh, Sri Guru Teg Bahadur Khalsa College, Sri Anandpur Sahib, and supervision by:

- Dr. Gurpreet Kaur, Head PG Department of English & IKS Cell Incharge
- Dr. Gurpreet Kaur, Head PG Punjabi Department
- Dr. Manpreet kaur, Punjabi Departmen

Report prepared by:

Professor Amarjot Singh

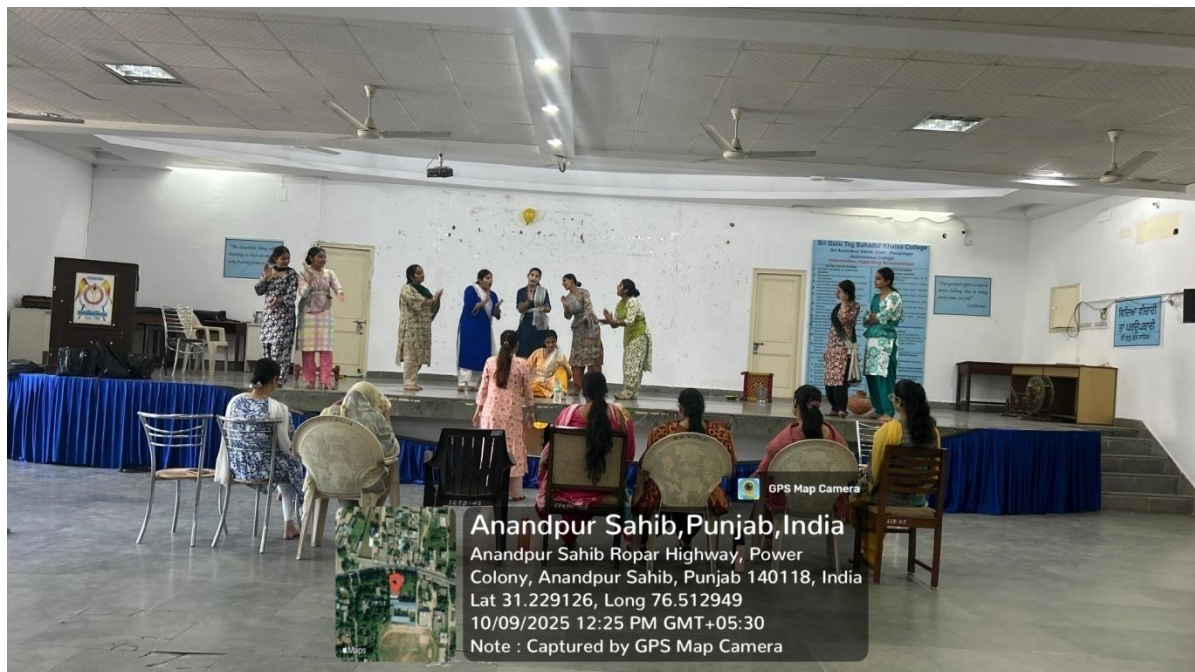
Department of Journalism











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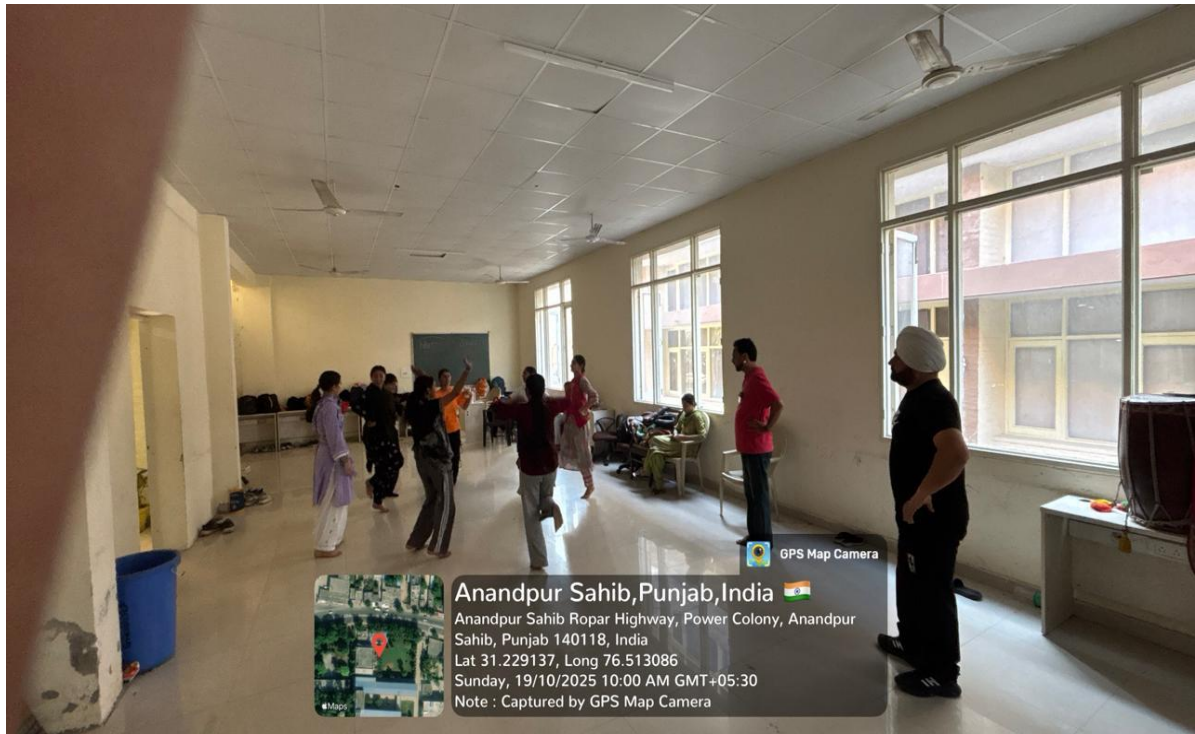
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