



Indian Knowledge System

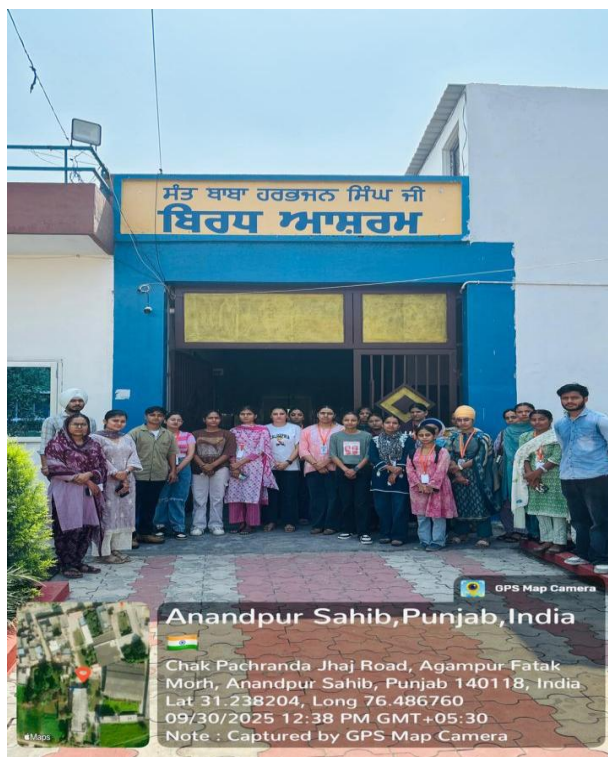
Sri Guru Teg Bahadur Khalsa College, Sri Anandpur Sahib
Punjab, India (Autonomous College)
Organises
A Visit
(30th September, 2025)

The Postgraduate Department of English, in collaboration with the Indian Knowledge Systems (IKS) Cell, organized a visit to Baba Harbhajan Singh Ji Birdh Aashram (Old Age Home) on September 30, 2025. This visit, graciously permitted by the respected Principal, Dr. Jasvir Singh, aimed to foster compassion and social awareness among students by encouraging them to interact with elderly residents and understand their life experiences. Upon arrival, the students were warmly welcomed by the management, who shared insights into the daily routine of the residents. The visit provided students with a heartfelt opportunity to spend quality time with the elderly, engage in conversations, and learn from their memories, struggles, and wisdom.

The visit was deeply aligned with the vision of the Indian Knowledge Systems (IKS), which emphasize Seva (selfless service), Samskara (values and refinement), and Sambandha (relationships and harmony). Indian culture teaches reverence for elders as embodiments of knowledge and experience, reflecting the timeless principle of “Matru Devo Bhava, Pitru Devo Bhava.” Through their interactions, students not only expressed care and affection but also engaged in a living form of value-based learning that resonates with India’s traditional systems of holistic education.

The experience allowed students to realize the true meaning of Vasudhaiva Kutumbakam—“The world is one family.” By connecting emotionally with the elderly, students developed empathy, gratitude, and a sense of responsibility toward society. Such initiatives, rooted in the IKS philosophy, help bridge the gap between theoretical knowledge and real-life human values, fostering balanced growth of the heart and mind. The visit served as a reminder that education is not confined to books but extends to nurturing compassion, cultural rootedness, and respect for life in all its stages.

The visit left a profound and lasting impact on the students, many of whom described it as an emotional and enlightening experience. Dr. Gurpreet Kaur (Head of English Dept. & Incharge, IKS Cell), appreciated the students for their active participation and emphasized that such activities, conducted in collaboration with the IKS Cell, embody the spirit of holistic and value-based education envisioned in the National Education Policy (NEP) 2020. The event was organized by Prof. Parvinder Kaur and Prof. Gurleen Kaur, whose dedicated efforts ensured the meaningful success of this culturally enriching initiative.



Memorable moments from the visit of the PG Department of English, in collaboration with the IKS Cell, to Baba Harbhajan Singh Ji Birdh Aashram, Anandpur Sahib.