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Activity Report Indian Knowledge System

Sri Guru Teg Bahadur Khalsa College, Sri Anandpur Sahib Punjab, India (Autonomous College)

The Indian Knowledge Systems (IKS) Cell and The Institution's Innovation Council, Sri Guru Teg Bahadur Khalsa College, Sri Anandpur Sahib, organized an Inter- School Winter Carnival-2026 on 4th February. Around 50 schools and approximately 800 students from nearby regions participated enthusiastically in the event. The competition included activities such as Dastar Bandhi, Folk Music, and Yoga, reflecting the essence of India's traditional knowledge and cultural heritage.

The Dastar Bandhi activity highlighted the preservation of Sikh cultural identity and traditions, emphasizing discipline, dignity, and respect as integral components of Indian Knowledge Systems. Folk Music showcased India's rich indigenous artistic heritage and encouraged students to connect with traditional musical practices that have been transmitted through generations. The Yoga activity represented India's ancient system of knowledge promoting physical health, mental well-being, and spiritual harmony, thereby supporting the holistic development emphasized in Indian Knowledge traditions.

These activities provided students with experiential learning opportunities rooted in cultural values and traditional wisdom. Participation in the events helped students develop cultural awareness, self-discipline, cooperation, and respect for heritage while encouraging meaningful peer interaction. The programme contributed significantly to strengthening students' understanding of India's knowledge traditions and value-based learning.

Addressing the gathering, Principal Dr. Jasvir Singh remarked that such inter-school initiatives enable students to connect education with India's rich cultural and philosophical heritage beyond textbooks.

Dr. Gurpreet Kaur, Incharge, IKS Cell, emphasized that organizing activities based on Indian Knowledge Systems helps nurture moral values, social responsibility, and balanced personality development among students while preserving and promoting traditional knowledge practices.







Students participating in Dastar Bandhi, Folk Music and Yoga activities during Inter-School Winter Carnival-2026